

Full Sail For The Future

Ever have a tough time making a decision? With so much available information and ever more alertness to others' points of view, it's possible that decision-making is actually becoming more difficult. In nautical terms, this can lead to a "be-calmed" state that is, internally, anything but calming.

Researchers at the U.K.'s University of Bristol listed some of the factors impacting our decision-making: Instability in the world, changes such as financial or climate, shifting goals, or the temptation to "wait and see what else happens." That last can easily become entangled with our natural human bias toward inaction, which ends up favoring default options.



It turns out that making a decision, or, more specifically, taking action is itself the antidote. Peter Sheahan is an expert in workforce trends and the author of "Flip." He writes, "Action creates clarity! ... Stop trying to find the perfect job, or the perfect product or business idea. Move! Do something!"

The idea here is that, while yours may not be the "perfect" answer, it is a start. One effect of taking action is to generate clarity, which may, in turn, lead us to tweak or even scrap the original strategy. Either way, there is momentum and, without that, we aren't going anywhere.

It's true that there may be risk. "What if this is the wrong decision? The wrong direction?" However, the way the body acts on a physical level may give clues as to the non-physical as well. Researchers at Queen's

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Did You Know ?

We are the leading local provider of tools and resources for people planning on adding on to, renovating or building a home.

We have several consumer guilds to help you.

One of our recent publications is...
"How to Hire a Contractor"



Down load it here and share it with your friends.

Archi-fact:

The tradition of making decorated gingerbread houses started in Germany in the early 1800s. According to certain researchers, the first gingerbread houses were the result of the well-known Grimm's fairy tale "Hansel and Gretel"[3] in which the two children abandoned in the forest found an edible house made of bread with sugar decorations.

Iconic Building of the Month

See our May 2016 Issue - Sears Tower

Every year my daughter and I create a gingerbread building in honor of an event which happened during the year. In 2016 for the first time in 108 years the Chicago Cubs won the Baseball World Series. In their honor we created the tallest building in Chicago and some say the United States as our gingerbread building for the year.

In Volume 2 Issue 17 (May 2016) of our newsletter [designSpeaks](#) we highlighted the Sears Tower as our Iconic Building of the month.

The Sears Tower is 1,729 feet high to the top of the antennas. Our gingerbread Sears Tower is only 47 inches tall. The tallest gingerbread structure we ever attempted.

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photo credits: Design M Group

Archi-Quote

This month we are quoting a non architect. However he speaks highly of architecture so we believe it is worthy to be included.

“I must study politics and war, that my sons may have the liberty to study mathematics and philosophy, natural history and naval architecture, in order to give their children a right to study painting, poetry, music, architecture, tapestry, and porcelain.”

[John Adams - May 12th 1780](#)



photo credits: WhiteHouse.gov

Full Sail For The Future

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University in Canada looked at what happens when someone extends a hand to reach a certain object. The researchers found that “reaching movements are supported by reflex responses that compensate for errors that can arise during movement execution.” In other words, when we see that we are off-course, a fast “visuomotor” reflex corrects our motion. Think of catching a frisbee. Might we also correct for stormy seas on the way to the “harbor” of business or personal goals?

Sheahan would say yes. He finds that it’s important to be flexible enough to adjust to changes in conditions. He even goes a step further, sensitive as he is to the changing times, when he writes: “It is no longer possible to begin with Point B in mind and reverse-engineer the result until you get back to Point A.”

Detailed, step-by-step plans are out the window, or in this case, the porthole. Even those who deal in looking to the future all the time have had to adapt. Australian futurist Paul Higgins writes: “Our work has changed over the last decade to be far more focused on how do you create a strategy which deals with the fact that forecasting does not work and that ‘best stabs’ are somewhat useless.”

Now is the time for all of us to get our “sea legs” as we sail our respective ships through the uncharted waters that are the future.

Iconic Building of the Month

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Much planning goes into this type of project, first the drawings then a model before the baking.



The paper model 2/3s size



photo credits: Design M Group

Archi-Speak

Can you find these words with motion?

- COMMOTION
- DEMOTION
- EMOTION
- LOCOMOTION
- PROMOTION

Z V O I M X Q R F E F L S S Z
 Q H B X S A P J H E B N I W W
 O W O U R F S E D S I Z B J H
 S U J D N E L M E U B J J V O
 G I H U E T P V M F P C O P A
 W O S G E L A M O L C X C K W
 P L U S M O O G T U U G S H A
 S L O C O M O T I O N E R G J
 Z T K T W N J E O J E D A M R
 F V U F A O L E N S R S L M D
 Z Y K Q K Q N O I T O M E W Q
 V P C Z C O M M O T I O N F V
 V P R O M O T I O N J B F K H
 J J Z C E X L B O A H W R P F
 H Q W P Q Z A V I M L U H Y Z

Ask M

In the James Bond books and movies the character “M” heads the Secret British Intelligence Service known as MI 6, of which James Bond is Agent 007.

When contemplating adding on to your home or building, renovating or building a new home or building you should have someone like “M” on your side. Each month the “Ask M” column will answer a reader’s question to place more information at your finger tips.

This month’s question.

I would like to make a gingerbread house with my daughter. Are there any rules regarding what can be used to make it?
Allison F.

Allison,

According to the people at [Grounds For Sculpture](#) your “house” need not be made of gingerbread, however what ever you do use for the house, decorations and structural support, all ingredients and everything involved **MUST** be edible. Remember “If you wouldn’t eat it – don’t use it!

Email your questions to info@designMgroup.com, and in the subject line type in “Ask M”. We look forward to hearing from you and hope we can answer the questions to everyone’s satisfaction.

Want to speak with the Architect

Do you have questions but do not know where to start?

Do you know the legal consequences of starting a project without approvals?

Are you sure you have completed all of the research necessary so as not to waste your money and time during construction?

Are what you think are your NEEDS and OPTIONS truly the best for you and your future?

Does the contractor really have YOUR best interest in mind when suggesting solutions?

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About

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President



photo credit: Jenna Glatzer

Marcus Marino, RA, AIA is a leading architect in New York City. He received a Bachelors of Architecture from the prestigious Pratt Institute and a Masters in the Science of Architecture and Urban Design from Columbia University Graduate School of Architecture Planning and Preservation. He received his license to practice architecture in New York State in 1981 and is licensed in a number of other States. Marcus Marino has served on numerous Governmental Panels and serves as an expert consultant to other architectural firms and legal firms. Presently he serves as the Vice President of Public Advocacy of the New York State American Institute of Architects.

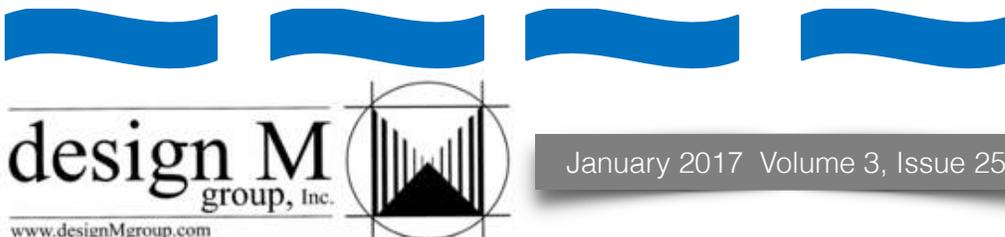
Our core beliefs are ...

Architects have a responsibility to our clients, community and the environment.

Architects should help provide information to our fellow world citizens about their homes, offices and the built environment in general.

Your Home should move you emotionally like your favorite song does.

Let Us Help You Build the Home You Knew Was Always There For You.



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